



Welcome to Speedy Weekend 2018!

We're glad you are here and we're sure you're going to have an awesome weekend! We have an excellent coaching team and super stoked to have our Olympic medalist, Jessica Hewitt home to join it.

Waivers for training with David Stride and for our adventures with Azami Sports need to be filled out and signed by a parent or guardian prior to participation. Please don't forget or your skater will be left out.

David Stride is located at the Sussex Building just across the park. Please be on time and meet at the rink and walk over together. Azami Adventures will be at Pinantan Lake for Snel and Viteza, while Rapido and Vitesse will have their event at McArthur Island. Transportation will be needed to and from Pinantan for those who are going, so some carpooling will be necessary. Please talk with your group coach to make arrangements.

The Kamloops International Buskers Festival is happening all weekend. These aren't just locals, they are professional street performers. This might be something fun to check out in your spare time (not that you have much) <http://kamloopsbuskers.com/>

As a safety note, please ensure that your skaters wear their shoes at all times and warn them not to touch anything that isn't theirs (for example being a good Samaritan and picking something up to put it in the garbage). People have been pricked by needles in the washrooms of our arena, so the skaters need firm warnings about this hazard. We also advise that younger skaters should not go to the washroom unattended or without a buddy and must never leave the ice or training location without informing the coach. The arena staff is very good, and try their best to keep everything safe, but we can't be lax in this regard.

Please be sure to keep your skaters' skates sharp for all skating sessions and double check to be sure they have all of the essential safety gear. We cannot allow skaters on the ice without it. Dryland sessions are for shorts or sweat pants...not for skin suits. Please have proper training gear, including running shoes packed. Don't forget the sunscreen, bug spray, water bottle, snacks, meals, water wear, sunglasses...whatever you're going to need for any sort of weather

or training location, and a full day of activity. Running shoes must be clean for David Stride's building.

As our activities will take place in various locations around the Island, it's very important that you are not late. Your group will leave without you and you will be left standing at the rink wondering where to go.

For inline skates, we will do our best to find suitable fits for those who do not have their own. Some skaters may have to share. We will do the best we can with the skates we have. Inline sessions will take place at the small parking lot near the Sussex Building or on the path just off the Island.

We will be doing a group photo at the end of the camp on Sunday, with all groups. We hope everyone will be able to stick around for the few extra minutes it will take for the photo. We also encourage all kinds of fun and creative photos over the weekend that we can share on social media. There will be prizes for the best ones, so don't miss out! Send photos to Jodi Roberts jodikamloops@gmail.com. If there is anyone who does not want any photos of themselves published, please let Sandi or Jodi know.

Sandi's cell phone 250-851-1481

Arrive with your smiles, your skates and your stamina! We're going to have a fun and exciting 3 days!

Sandi

INFO FOR PINANTAN LAKE

I think we'll meet everyone at the store again and try to do as much car pooling as possible.

Here's a link to the google map directions to the Pinantan Lake General Store. The address is:

[2536 Harper Ranch Pinantan Road](#)

[Pinantan Lake, BC](#)

<https://www.google.ca/maps/dir/Kamloops,+BC/50-74+Harper+Ranch+Pinantan+Rd,+Pinantan+Lake,+BC+V0E+3E1/@50.739917,-120.1076712,13z/data=!4m13!4m12!1m5!1m1!1s0x537e2cd33d0d3b31:0xd23e96aa9a6945e7!2m2!1d-120.3272674!2d50.674522!1m5!1m1!1s0x537e35e58332b209:0x41f7cfcad312ec07!2m2!1d-120.0306126!2d50.7304866>

Please let the participants know that using GPS doesn't work, as it usually takes people towards Pritchard. We are located past Paul Lake, on the same road from town.