

## ATHLETE CODE OF CONDUCT

The Kamloops Long Blades welcomes you to our speed skating club. As an athlete of our club we want to ensure your safety and enjoyment of the sport, as for all Club members and Club Associate members alike. To do so, we have felt it necessary to have skaters read and sign our Code of Conduct.

The Code of Conduct is in effect and applicable during all club activities both on and off the ice and for life even after you are no longer a member of KLB..

As a member of the Kamloops Long Blades Speed Skating Club I will be expected to:

- . Willingly participate in club events
- . in the spirit of our sport; learn and play by the rules
- . treat everyone with courtesy and respect; coaches, fellow skaters, club members, volunteers, officials and opponents
- . practice and display good sportsmanship at all times;
- behave in a positive manner and be supportive of my fellow skaters and opponents
- . be attentive to the coaches at all times and respect their decisions
- . be honest and forthright, discuss concerns or issues with a coach or member of the KLB Board.
- . settle disagreements in a fair and non violent way
- . respect the property of others, or that of the Kamloops Long Blades as invaluable; use it with care
- . take pride in the successes of the Kamloops Long Blades Speed Skating Club
- . try my hardest, do my best, have fun and make new friends.

Any unacceptable behaviour will be subject to immediate consequences.

Our club will not permit or tolerate:

- . lying, outbursts of anger, use of abusive language or offensive gestures
- . using any form of physical abuse or intentional emotional abuse
- . harassment or intimidation
- . rudeness or defiance toward others
- . Interfering with or damaging property of others.

The following is a list of immediate consequences for unacceptable behaviour.

All or some of these measures may be taken and not necessarily in the order listed.

- Warning
- Time out
- Consult with parents
- Suspension until further investigation can take place
- Withdrawal of funding to meets
- Suspension from practices and meets
- Expulsion from the KLB

A skater may wish to acknowledge his/her misbehaviour and make restitution to all parties involved, verbally or written, and provide the Executive of the Kamloops Long Blades a declaration that the infraction of the Code of Conduct will not reoccur. Should unacceptable behaviour persist, the Club Executive will determine which measures best warrant the situation based on the type and frequency of the infraction(s) incurred.

**I have read and understand the above statements and agree to conduct myself in a manner that abides by the standards and established in the Code of Conduct for Athletes. My parents have also read this code and have explained it to me.**

**KLB Athlete**

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*Print Name*

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*Signature*

**Parent/Guardian**

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*Signature*

**Date:**

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